

Cases from Dr. Hai Sha Ni

 Dr. Hai Sha Ni (1954 - 2012), a Chinese physician born in Taiwan. He founded the Han and Tang Chinese Medicine Clinic in the United States and was previously a PhD supervisor at the Five Branches University and the Dean of the Han and Tang Chinese School of Medicine. Life devoted to carry forward the Chinese medicine and Chinese culture.



Case: Brain Cancer

Gender: Female

• Age: 60+

Symptoms:

Difficulty to sleep

Eat a lot

Sometimes constipation

Coating: Yellow, wet

Take steroid 3 times daily

Dry mouth, thirsty, prefer icy drink

Hot feet, especially at night

Pulse: Robust



Case: Brain Cancer

Prescription :

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Shi Gao 180g Zhi Mu 15g Xuan Fu Hua 9g
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Dai Zhe Shi 15g Ban Sha (Raw) 12g

Gui Zhi 9g Bai Zhu 9g Fu Ling 15g

Zhu Ling 9g Ze Xie 15g Chuan Xiong 9g

Mu Dan Pi 9g Hong Hua 6g

Sheng Jiang 3 slices



Case: Brain Cancer

Prescription Analysis:

Shi Gao , Zhi Mu - Bai Hu Tang

Xuan Fu Hua, Dai Zhe Shi - Xuan Fu Dai Zhe Tang

Gui Zhi, Bai Zhu, Fu Ling, Zhu Ling, Ze Xie - Wu Ling San

Chuan Xiong, Mu Dan Pi, Hong Hua - Blood Circulation

Ban Sha (Raw) - Removing Phelgm

Sheng Jiang - Warming stomach

Case: Malignant Lymphoma

Gender: Male

• Age: 40+

Symptoms:

Cold feet & Cold body

Good Appetite

Bowel movement daily

Not easy to sweat

Normal thirst, prefer cold

Good sleep, dream a lot

Coating: White, wet, body red & thick

se: Thin and weak

Case: Malignant Lymphoma

Prescription :

Sheng Fu Zi 6g Fang Ji 9g Long Gu 9g Gan Jiang 6g Bai Zhu 15g Mu Li 30g

Zhi Gan Cao 9g Fu Ling 15g Ze Xie 15g



Case: Malignant Lymphoma

Prescription Analysis:

Sheng Fu Zi, Gan Jiang, Zhi Gan Cao – Si Ni Tang Fang Ji, Bai Zhu, Fu Ling, Ze Xie – Dredge San Jao Long Gu, Mu Li - Converge the Yang Qi



Case: Breast Cancer

Gender: Female

• Age: 40+

Symptoms:

Lump at UOQ of left breast and armpit, with skin change

Constipation, Not east to sweat Thirst, prefer warm drink

Bad Appetite Cold feet and body

Advanced period and spotting Insomnia (half year)

Coating: Thin, white, body red Pulse: Thin and weak

Case: Breast Cancer

Prescription :

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Da Huang 6g Xi Xin 6g Pao Fu Zi 9g
Bai Zhu 9g Gui Zhi 9g Bai Shao 9g
Zhi Gan Cao 9g Da Zao 10 pieces
Wu Zhu Yu 6g Gan Jiang 6g Dang Gui 6g
Mu Tong 9g Mu Li 30g Sheng Fu Zi 9g (packed)
Wa Leng Zhi 15g Fang Ji 15g
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Case: Breast Cancer

Prescription Analysis:

Da Huang, Xi Xin, Pao Fu Zi – Da Huang Xi Xin Fu Zi Tang Gui Zhi, Bai Shao, Zhi Gan Cao, Da Zao, Wu Zhu Yu, Gan Jiang, Dang Gui, Mu Tong – Dang Gui Si Ni Jia Wu Zhu Yu Tang

Long Gu, Mu Li - Converge the Yang Qi



Case: Colorectal Cancer

Gender: Female

• Age: 70+

Symptoms:

Blood in stool Light yellow urine

Good Appetite Body hot but cold feet &hand

Thirst prefer icy drink Insomnia 3 years

Sweating during sleep Pain in both legs

Coating: Light yellow, wet Deep and Firm on Chi Mai

Case: Colorectal Cancer

Prescription :

Hou Po 6g Zhi Shi 6g Da Huang 9g Gui Zhi 15g Bai Shao 12g Sheng Jiang 2 slices Hong Zao 10 pieces Dang Gui 6g Mu Tong 6g Xi Xin 6g Huai Hua 9g Chi Xiao Do 9g Ma Huang 9g Bai Zhu 9g Pao Fu Zi 9g Zhi Gan Cao 9g Fang Feng 15g Zhi Mu 9g Mai Men Dong 9g Mang Xiao 9g (devided into three parts)



Case: Colorectal Cancer

Prescription Analysis :

Da Huang, Hou Po, Zhi Shi, Mang Xiao – Da Chen Qi Tang

Gui Zhi, Bai Shao, Zhi Gan Cao, Da Zao, Gan Jiang, Dang Gui, Mu Tong, Xi Xin – Dang Gui Si Ni Tang

Gui Zhi, Ma Huang, Bai Zhu, Pao Fu Zi, Zhi Gan Cao, Fang Feng, Zhi Mu, Mai Men Dong – Gui Zhi Shao Yao Zhi Mu Tang

Huai Hua , Chi Xiao Do , Dang Gui - Remove the heat in lower Jiao

Case: Lung Cancer

Gender: Female

• Age: 80+

Symptoms:

Cough during sleep, sticky Urethritis

Vomiting with blood clot Dark stool

Side chest pain Cough while laying down

Can not do deep breath Always thirsty, prefer warm

ad appetite Cold hands and feet

Coarting: Light yellow, dry

Pulse: Big, string, rapid and deep solid

Case: Lung Cancer

Prescription 1:

Shi Zao Tang

Prescription 2:

Ban Xia 9g Huang Qin 9g Huang Bai 9g Nan Xing 9g Xuan Fu Hua 9g Dai Zhe Shi 9g Sheng Jiang 2 slices Zhi Gan Cao 9g Zhi Shi 6g Hua Shi 9g Zhu Ling 9g



Prescription used by Dr. Hai-Sha Ni

Shi Zao Tang :

Yan Hua, Gan Sui, Da Ji same amount in powder Da Zao 10 pieces

 Cook Da Zao first, remove the residue then adding the powder 3 grams for strong person, 1.5 gram for weak patient. Or make pill with Da Zao and powder. Take it till patient has diarrhea. When it's done, patient should only eat food which is nutrient and easy to digest.

Case: Lung Cancer

Prescription Analysis:

Shi Zao Tang – Using with empty stomach, last for 5 hours

Ban Xia, Huang Qin, Huang Bai, Hua Shi, Zhu Ling-Urethritis

Xuan Fu Hua, Dai Zhe Shi, Sheng Jiang 2 slices, Zhi Gan Cao – Xuan Fu Dai Zhe Tang

Zhi Shi – Open the chest and the diaphram



Case: Liver Cancer

Gender: Male

• Age: 50+

Symptoms:

Wake up during sleep once (around 3~4am)

Go to poop 4 times/day

Always thirsty, prefer warm

Good appetite Red palm and cold feet

Sore legs, sometimes cramp

Coarting: No coating, red tongue Pulse: Big

Case: Liver Cancer

Prescription :

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Sheng Fu Zi 9g (packed) Huang Lian 6g
Huang Qin 9g Chai Hu 9g Chuan Xiong 9g Qian Cao 9g
Zhi Bie Jia 9g Ban Xia 9g Tian Nan Xing 9g
Mai Men Dong 15g Tien Hua Fen 15g
Dang Shen 9g Bai Shao 15g Zhi Gan Cao 9g
Shen Jin Cao 12g Ze Xie 15g Jue Ming Zi 9g
Gou Qi Zi 15g Sheng Liu Huang 9g Gan Jiang 6g
Zhi Zi 6g Yin Chen 9g
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Case: Liver Cancer

Prescription Analysis:

Chai Hu, Huang Qin, Ban Xia, Dang Shen, Zhi Gan Cao – Xiao Chai Hu Tang

Sheng Fu Zi, Gan Jiang, Zhi Gan Cao – Si Ni Tang

Ban Xia, Tian Nan Xing – Removing the phelgm

Mai Men Dong, Tien Hua Fen, Jue Ming Zi, Gou Qi Zi – Yin deficiency and thirst

E Xie , Zhi Zi , Yin Chen – Dark urine

About Dr. Ke Li

• Dr. Ke Li (1930 ~ 2013), he is a Chinese medicine practitioner and TCM expert in mainland China. He devoted himself to the clinical research of Chinese medicine for 52 years, advocated Fuyang, and treated patient with large amount of Fu Zi. He claimed to have cured more than 100,000 critically ill patients, including more than 20,000 cases of terminally ill patients who had been sentenced by e hospital.

Gender: Male

• Age: 60+

Symptoms:

Dark yellow on face

Lower back pain

Lose weight

Bad appetite

Always feel cold

Coating: No coating, purple tongue with teeth marks

lse: weak

Xi Xin 45g (cooked only 5 min)

Prescription :

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Ginseng 15g (cooked seperately) Piao Hai Zao 30g
Zhi Gan Cao30g Quan Xie 12 pieces Shu Di Huang 30g
Wu Gong 3piece (Grinding) Wu Ling Zhi 30g
Bai Jie Zi 10g (fried and Grinding) Ma Huang 5g
Zi You Gui 10g (cooked only 5 min) Lu Jiao Shuang 45g
Pao Jiang 15g Sheng Ban Xia 75g Sheng Nan Xing 10g
Pao Fu Zi 45g Fu Ling 45g Da Bei 120g
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Sheng Jiang 45g

Prescription :

Da Bei 120g

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Ginseng15g (cooked separately) Fu Ling 45g
Sheng Jiang45g Pao Fu Zi 45g Zhi Gan Cao 30g
Bai Jie Zi 10g (fried and grinding) Shu Di 30g
Ma Huang 5g Zi You Gui 10g (cooked only 5 min)
Lu Jiao Shuang 45g Piao Hai Zao 30g
Quan Xie 12 pieces Wu Gong 3 (grinding powder)
Wu Ling Zhi 30g Pao Jiang 15g Sheng Ban Xia75g
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Sheng Nan Xing 10g Xi Xin 45g (cooked only 5 min)

Prescription Analysis:

Ginseng, Fu Ling, Sheng Jiang, Pao Fu Zi, Zhi Gan Cao – Fu Ling Si Ni Tang

Bai Jie Zi , Shu Di , Ma Huang , Zi You Gui , Lu Jiao Shuang , Piao Hai Zao – Yang He Tang

Quan Xie, Wu Gong – Zhi Jin San

Sheng Ban Xia, Sheng Nan Xing, Da Bei – Remove the phelgm

Pao Jiang , Xi Xin – Warm up

Yang He Tang :

Shu Di Huang 30g Lu Jiao Jiao 9g

Bai Jie Zi 6g Pao Jiang 1.5g

Sheng Ma Huang 1.5g Rou Gui 3g

Sheng Gan Cao 3g

 Effect: Tonify Yang Qi and blood, warm up and remove the blockage in meridian



Gong Ai Duo Ming Tang :

Piao Hai Zao 30g Sheng Gan Cao 30g
Cu Bie Jia 30g She She Cao 30g
Zao Xiu 30g Hai Ha Ke 30g
Sheng Ban Xia 30g Sheng Jiang 30g
Mu Li 30g Da Bei 15g
Shan Dou Gen 10g Quan Xie 12 pieces
Ming Xiong Huang 1g" (Grinding)

Mu Bie Zi 30g Xia Ku Cao 30g Huang Yao Zi 30g Yuan Shen 30g Shan Ci Gu 10g Wu Gong 4pieces



Gong Ai #2 Tang :

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Zhi Gan Cao 60g Gan Jiang 45g Sheng Fu Zi 30g Sheng Ban Xia 65~120g Sheng Nan Xing 45~60g Sheng Yu Bai Fu 30g Bai Jie Zi (Grinding fried) 15~45g Piao Hai Zao 45~120g Zhi Jing San 6g Ma Huang 5g Zi You Gui (Grinding) 1.5~3g Wu Ling Zhi 30g Sheng Shai Shen (Grinding) 30g Xi Xin 45g Chuan Jian Bei 6~12g Sheng Jiang 75g
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Gender: Female

• Age: 30+

Symptoms:

Nausea Loss of Appetite

Belching Cramps in abdominal region

Dark yellow on face Tired and sleepy

Coating: Light w/ teeth mark Pulse: Thin and Weak

Prescription 1:

Zhi Gan Cao 120g Gan Jiang 90g Ginseng 30g (Cooked separately) Pao Fu Zi 100g Bai Zhu 90g You Gui 10g (cooked only 5~10 min) Fu Ling 45g Wu Zhu Yu 30g Sheng Ban Xia75g San Shi 30g each Sheng Jiang 45g Sheng San Yu Rou 120g Da Zao 25 pieces Sheng Jiang juice 10ml



Prescription Analysis:

Ginseng, Fu Ling, Sheng Jiang, Pao Fu Zi, Zhi Gan Cao – Fu Ling Si Ni Tang

Wu Zhu Yu , Da Zao , Sheng Jiang , Ginseng – Wu Zhu Yu Tang

San Shi – Sheng Long Gu, Sheng Mu Li, Ci Shi



Prescription 2 :

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Pao Fu Zi 100g You Gui 10g (cooked only 5~10 min)
Chen Xiang 10g Sha Ren 10g (cooked only 7 min)
Sheng San Yao 60g Fu Ling 45g Ze Xie30g
Huai Niu Xi 30g Ginseng30g Zhi Gan Cao90g
Bai Zhu 90g Gan Jiang 90g Wu Ling Zhi 30g
Shu He Xiang Wan 2 pieces Shen Si Wei 30g each
Wu Mei 30g
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Prescription Analysis:

Pao Fu Zi, You Gui, Chen Xiang, Sha Ren, Sheng San Yao, Fu Ling, Ze Xie, Huai Niu Xi, Ginseng, Zhi Gan Cao – Wen Shi Ben Tun Tang

Shen Si Wei – Bu Gu Zhi, Yin Yang Huo, Tu Si Zi, Gou Ji Zi

Shu He Xiang Wan - Warms and Aromatically Opens the Orifices, moves Qi, transforms turbidity, clears Phlegm



Po Ge Jiu Xin Tang :

Fu Zi 30 ~ 200g, Gan Jiang 60g

Gao Li Shen 10 ~ 30g (Cooked seperately)

San Yu Rou 60 ~ 120g

Sheng Long Gu powder 30g Mu Li powder 30g Ci Shi powder 30g

She Xiang 0.5g (divided into 3 parts, put in bowl and pouring herb soup into)

• Lai Fu Tang (張錫純"醫學衷中參西錄"):

San Yu Rou 60g Sheng Long Gu powder 30g Sheng Mu Li powder 30g Sheng Bai Shao 18g Ye Tai Shen 12g Zhi Gan Cao 6g

"For people who lost the Yuan Qi, all because of the qi lost in liver. So if people who is extremely weak and qi deficient, there will be signs for liver wind movement. The live wind movement is the early sign of Yuan Qi lost. The liver and gall bladder are depended to each other. The gall bladder is Lesser Yang, the major symptoms is cold-hot alternately; liver is Reverting Yin, when it's in extreme deficiency, it also shows cold-hot alternately. Because the cold-hot alternately, so it generates the sweat. San Zhu Yu can not only reduce the sweat generating, but also tonify the liver as well. So it's the best choice when patient's losing Yuan Qi because of liver qi extremely deficient."

Wen Shi Ben Tun Tang :

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Fu Zi 30 ~ 200g Rou Gui 10g Hong Shen 10 ~ 30g
Chen Xiang 3 ~ 10g Sha Ren 3 ~ 10g
San Yao 30 ~ 60g Fu Ling 30g Ze Xie 30g
Huai Niu Xi 10g Zhi Gan Cao 60g
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• Effect: Warm up and tonify the pre-birth ture fire in Ming-Man. Save and strengthen the Yuan Yang from losing. Tonify the Fire element to generate Earth element, reduce the dampness to wake up the Spleen. Tonify the Earth element to control the Water element, so it can reduce the edema. Let air flow into lung efficiently and reduce the asthma. Nourish the Chun Mai, induce the fire back to the origin. Reduce the qi upward. It can repel the coldness accumulated in all internal organs, get rid of the coldness inside the bone. So it can repel the coldness, move the qi and ease the pain.

Case: Pancreatic Cancer

Gender: Female

• Age: 50+

Symptoms:

Surgery wound heal slow

Dark yellow on face

Tongue: light purple

Lost of Appetite

Shivering, cold limbs

Pulse: Thin and weak



Case: Pancreatic Cancer

Prescription :

Sheng Fu Zi 30g Gan Jiang 30g Bai Zhu 90g Ginseng 30g (cooked separately) Chao Mai Ya 30g Zhi Gan Cao 60g You Gui 10g (cooked only 5~10 min) Sheng Ban Xia45g Fu Ling 45g Sheng Jiang 45g Sha Ren 30g (fried with Sheng Jiang juice)

Added in second visit :

Pu Gong Ying 120g Zao Ci 10g Pao Jia Zhu 10g
Bai Zhi 10g (cooked only 5~10 min) Sheng Huang Qi 90g

• Tou Nong San (From "外科正宗"):

Huang Qi 12g Dang Gui 6g Chao Chuan San Jia 3g Zao Jiao Ci 4.5g Chuan Xiong 9g

"About the Huang Qi using in the formula, if it used in Sheng Huang Qi, it can tonify the qi and repel the pus; if using the Zhi Huang Qi then it can only tonify the Qi but can not repel the pus, and it will enhance the fire and poison caused by the pus. So it has to be using the Sheng Huang Qi. Use large dosage of Sheng Huang Qi to tonify the qi and repel the pus as major ingredient, assist with Dang Gui, Chuan Xiong to nourish the blood and increase blood circulation. Using San Jia and Zao Ci to reduce the tumor, soften and break down the mass. Yellow wine helps to moving the herb inside meridians and reduce the stasis. All ingredients work together to break down the pus and repel the poison out of body."

Case: Ovarian Cancer w/ Liver Metastasis after surgery

Gender: Female

• Age: 50+

Symptoms:

Migraine

Dark yellow on face

Palpitation sometimes

Tongue: Dark purple

ulse: Deep and slippery

Eyes inner contracting

Bulging pain on the fingertips/toes

No appetite, Overwhelming heat in the stomach area

Case: Ovarian Cancer w/ Liver Metastasis after surgery

Prescription :

```
Pao Fu Zi 100g Pao Jiang 90g Bai Zhu 90g
Hong Shen 90g (pounding) Gui Ban 30g
Zhi Gan Cao 120g Wu Zhu Yu 30g
Sha Ren 30g (fried with Sheng Jiang juice)
Sheng San Yu Rou 90g Sheng Jiang 45g
Da Zao 25 pieces
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• Qian Yang Dan (鄭欽安"醫理真傳"):

Sha Ren 30g (fried with Sheng Jiang juice), Fu Zi
24g, Gui Ban 6g, Gan Cao 15g

• What Qian Yang Dan does induce the gi back and into kidney. The ingredient San Ren is acrid and warm, which can repel the bad Yin energy in the middle of body, and it can induce the gi back and into kidney. Fu Zi is acrid and hot, which can tonify the true Yang in the water element. The true Yang the is the fundamental of Jun Huo. So tonify the true fire is to tonify the Jun Huo. About the ingredient Gui Ban, it is hard and born with the essence of water element, so it can communicate the Yin to assist Yang. People who use it to onify the Yin and enhance water flowing is not the correct way. It assists with Gan Cao to tonify the Chun Qi, has the effect to balance the fire and water. So it's called Qian Yang (Descend the Yang). It's not like Si Ni Tang jia Gan Jiang, but using the Sha Ren fried with ginger juice to get the effect of descending the Yang and inducing the qi back. In this way it will not damage the essence and waste the qi.

